



The 40th Annual Bike-A-Thon will be held on Saturday, May 13th, 2017.

The Bike-A-Thon will be held at the James Wood Middle School Amherst Campus; 9:00 a.m. till 2:00 p.m., on the track, behind the school.

Anyone collecting \$30.00 or more will receive a Bike-A-Thon Shirt, plus 4-H'ers will receive a \$25.00 scholarship towards the 4-H Camp of their choice. **(Camping season 2017)**

Prizes will be given in each age category for the person riding the most miles. (Individual ending totals the day of the Bike-A-Thon will be final for prize consideration.) Age categories are 5-8; 9-11; 12-13; 14-19. TO BE CONSIDERED FOR PRIZES, INCLUDING T-SHIRTS, PARTICIPANTS MUST TURN IN THEIR MONEY BY JUNE 5th.

The project is used to raise funds for partial camp scholarships, and to pay the fees for Adult Volunteers at camp. Any remaining money will be distributed by the Frederick County 4-H Leaders Association.

Free food & drinks will be provided for the riders & their family.

The public is welcome to ride in the Bike-A-Thon.

For more information, or if you have questions, please contact the Frederick County Extension Office at:

107 North Kent Street
Winchester, VA 22601-5000
Phone 540/665-5699

"If you are a person with a disability and desire assistance or accommodation, please notify the Frederick County Extension Office at 540-665-5699/TDD* 800-828-1120 during business hours of 8:00 a.m. and 5:00 p.m."



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BIKE-A-THON

MAY 13, 2017 9:00 a.m. - 2:00 p.m.

* * James Wood Middle School * *

Anyone Collecting \$30.00 or more receives a Shirt and a \$25.00 Camp Scholarship. Prizes will be given in each age category for the person Riding the Most Miles. To be considered for prizes, including T-shirts, participants must turn in their money by June 5th

INSTRUCTIONS:

1. Be sure your Registration/Release/Consent form is completed with an INK PEN.
2. Start signing up your sponsors immediately.
3. Ask each sponsor to pledge a certain amount per mile or flat pledge.
4. Bring this completed sponsor form with you to the Registration Table on the day of the event.
5. ALL MONEY IS TO BE TURNED INTO THE EXTENSION OFFICE BY JUNE 5th, 2017.
6. Please make check payable to: "Frederick County Bike-A-Thon Fund"

REGISTRATION:

Name: _____ Age: _____ Phone: _____

Street Address: _____

City: _____ State: _____ Zip: _____

In consideration of the furtherance of your purposes, objectives and work in consideration of your permitting me to participate in the Bike-A-Thon on behalf of myself, my parents, my heirs, executors, administrators & assigns, I or we here by waive and release any and all rights & claims for damage which I or we may incur against you, the municipalities through which I travel, as well as any other person connected with the event, their heir, executors, administrators, successors & assigns for any & all injuries which I may suffer while taking part in the event or as a result thereof. **IMPORTANT: Participants under 18 MUST have this form signed by a parent or guardian.**

Non-4-H'ers and Leaders must fill out a 4-H health form at registration. If anyone other than the parent or guardian will be dropping off a child for the Bike-A-Thon, call the Frederick County Extension Office ahead of time at 665-5699.

ATTENTION!!!!:

I understand that the total laps listed on the spotter's sheet is final. Individual totals the day of the Bike-A-Thon, will be final for prize consideration. This is contingent upon sponsorship money being turned in by June 5th.

Date

Participant's Signature

Date

Parent or Guardian's Signature

